

LINK *DUAL FUNCTION*

LD-2 MID ROW / LAT PULL DOWN



TELESCOPING CHEST PAD
personalizes mid row exercise start position



DUAL HANDGRIPS
ensure comfort and allow muscle targeting



GAS ASSISTED SEAT
gas spring and nylon inserts make seat adjustment effortless



HOLD-DOWN ROLLERS
hold you in position during pull-down movements

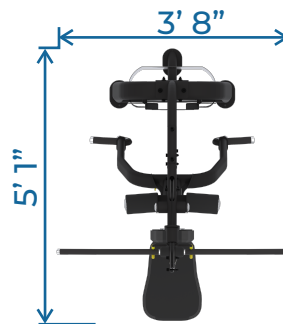


SWIVELING HIGH PULLEY
follows user exercise path reducing cable wear. Bar catches safely stow lat bar while not in use



200 LB WEIGHT STACK
precise and durable machined solid steel

CLICK OR SCAN
360° View



HEIGHT: 7'-0"
WEIGHT: 541 lbs



DURABLE
BUILT TO LAST
HEAVY USE



TWO EXERCISES
ONE POWERFUL
MACHINE



DESIGNED FOR
EASY ACCESS &
PERFORMANCE



SPACE EFFICIENT
MAXIMIZE YOUR
WORKOUT AREA