

THIS REFINED FREE TRAINER
WORKS AS A MODULAR ELEMENT
OF THE AXIS SYSTEM AS WELL
AS A COMPACT FREESTANDING
FUNCTIONAL TRAINER.

PAIR WITH AN AXIS F.I.D.

BENCH TO FURTHER EXPAND

THE AXIS FREE TRAINER'S

RANGE OF CAPABILITIES.



HEIGHT: 7'-6" WEIGHT: 710 LBS



AXIS FREE TRAINER



AFT

SUSPENSION TRAINING ANCHOR POINT

MULTIPLE POSITION CHIN UP BAR

INTEGRATED ACCESSORY
STORAGE

STANDARD ACCESSORIES INCLUDE:
SHORT BAR, LONG BAR,
TRICEP ROPE, ANKLE STRAP
AND TWO STRAP HANDLES

FULL LENGTH STEEL
WEIGHT STACK ENGLOSURES

FLOOR MOUNTING
PLATES WITH RUBBER FEET

TWO 200 LB WEIGHT STACKS
WITH .5:1 WEIGHT RATIO

ADJUSTABLE
DUAL SWIVEL PULLEYS

23 NUMBERED HEIGHT ADJUSTMENTS



AXIS F.I.D.BENCH