

# LINK *DUAL FUNCTION*

## LD-9 WEIGHT ASSISTED CHIN UP / DIP



**ANTI-FRICTION LINEAR BEARINGS**  
operate on polished precision guide rods  
for ultra smooth motion



**FLIP STYLE DIP HANDLES**  
with ergonomic hand grips  
provide ideal handle position for  
wide or narrow grip



**DUAL HANDGRIPS**  
ensure comfort and allow  
muscle targeting



**FOLDING PAD DESIGN**  
allows weight assisted and full  
bodyweight options



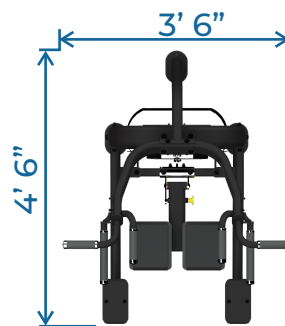
**CONVENIENT STEPS**  
allow easy entry and exit to  
exercise positions



**200 LB WEIGHT STACK**  
precise and durable machined  
solid steel

**CLICK OR SCAN**

360° View



HEIGHT: 7'-3"  
WEIGHT: 549 lbs



**DURABLE**  
BUILT TO LAST  
HEAVY USE



**TWO EXERCISES**  
ONE POWERFUL  
MACHINE



**DESIGNED FOR**  
EASY ACCESS &  
PERFORMANCE



**SPACE EFFICIENT**  
MAXIMIZE YOUR  
WORKOUT AREA

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